Healthchek
Ohio’s EPSDT Services
Early and Periodic Screening, Diagnosis and Treatment
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Federal law* requires that Medicaid cover a very comprehensive set of benefits and services for individuals under 21 years of age, some of which are not available to adults.

*Social Security Act Sec. 1905
Early and Periodic Screening

Screening services must be covered at established, periodic intervals and whenever a problem is suspected.

Screening services include comprehensive health and developmental histories, unclothed physical exams, appropriate immunizations, laboratory tests, and health education.
Diagnosis and Treatment

Diagnostic services are provided for further evaluation when a screening exam indicates a need.

Treatment services are provided for medically necessary* treatment and other measures to correct or ameliorate defects, as well as physical and mental illnesses and conditions that may be discovered by screening services.

*Ohio Administrative Code 5160-1-14 (previously 5160-1-01)
Healthchek is Ohio Medicaid’s name for EPSDT

Healthchek includes:

- Screening services
  - Follow American Academy of Pediatrics Recommendations for Preventive Pediatric Health Care (http://www.aap.org)
- Any medically necessary screening, diagnostic, and treatment services
- May go beyond the benefit coverage and limitations
Nine (9) Healthchek exams are recommended during the first 15 months of life, including two (2) in the first week of life.

Exams at 18 months, 24 months, and 30 months.

Annual exams from ages 3 to 21.
Components of the periodic, well-child visit:

- Comprehensive health and developmental history
- Comprehensive unclothed exam
- Health education, counseling, anticipatory guidance, and risk factor interventions
- Developmental screening
- Immunization screening
- Nutritional screening
- Vision and hearing screening
- Dental screening
- Appropriate laboratory tests
- Maternal depression screening
Comprehensive Health and Developmental History

The history includes:

- Physical and mental health development
- Family and individual medical history
- Current complaints
- Current medications
- Allergies
- Social or physical environment impacting health
- For adolescents, sexual activity and contraception
Comprehensive Unclothed Exam

- Height and weight; percentiles
- Head circumference, as appropriate
- Blood pressure
- Examination of the following:
  - Head, ears, eyes, nose and throat
  - Respiratory, cardiovascular, gastrointestinal, reproductive, musculoskeletal and neurological systems

*A sick-child visit is an opportunity to complete a full Healthcheck exam*
Required component of each Healthcheck visit

Designed to provide information that assists the parent and individuals in understanding what to expect in terms of:

- the individual’s development
- the benefits of healthy lifestyles and practices
- disease prevention
Developmental Screening

- Age-appropriate developmental history
- Screening of motor, speech, social development, mental, and behavioral health
Immunization history and screening are required at each Healthchek visit. If an immunization is needed, the provider should administer or refer as needed.

The Vaccines for Children (VFC) Program provides routine vaccines to participating health care providers who administer them to eligible children birth through 18 years of age.

For immunization and/or VFC program information, contact State of Ohio, Department of Health, at 1-800-282-0546, or visit the web site at http://www.odh.ohio.gov/immunization.

For the Advisory Committee on Immunization Practices (ACIP) Immunization Schedule visit the website at http://www.cdc.gov/vaccines/recs/schedules/default.htm.
Nutritional Screening

- Screening of nutritional status
- Questions focused on dietary practices
- Measurement of height and weight (BMI percentile or BMI percentile plotted on an age-growth chart)
- Laboratory testing, if medically indicated
Vision Screening

Birth to 3 years
√ Screen medical history for risk factors observations and ophthalmoscope exam

3 years and Above
√ External observation and ophthalmoscope exam
√ Visual acuity test
√ Ocular muscle balance test
√ Stereopsis test

√ Refer if potential visual problem
Newborns should be screened

4 months to 3 Years:
√ Review history for risk factors or symptoms indicative of hearing problems
√ Observe child and question parent for physical behaviors or speech development that may indicate hearing impairment

3 Years to 10 years:
√ Manually administer using specified equipment
√ If equipment is not available, refer for Pure Tone Test
Screen with audiometry including 6,000 to 8,000 high frequencies once between 11 and 14 years, once between 15 and 17 years and once between 18 and 21 years of age
Emphasize importance of preventive dental health care

Birth through 2 years:

- Screen for normal growth and development of the dentition and dento-facial structure
- Inspect for caries
- Refer for dental visits at 2 years

3 Years and older:

- Refer to dentist if not seen in the last 6 months
Appropriate Laboratory Tests

- **Lead toxicity testing**
  - Test all children at 12 and 24 months
  - Children 3-6 years – test if not previously tested
  - Whenever medically indicated
  - Children at risk for high-dose lead exposure should be screened starting at 6 months of age

- **Sickle cell**
  - At least once for at-risk children

- **Hemoglobin and hematocrit**
  - As medically indicated, such as for anemia and iron deficiency
  - For all premature and low birth-weight infants

- **Tests for STDs, HIV screen, tuberculin test and other lab screens, as medically indicated**
Treatment and Medicaid Coverable Services*

* Section 1905(a) of the Social Security Act [42 U.S.C. 1396d] lists the Medicaid coverable services. Each service may have limitations of coverage. By definition, some services are not applicable to the Healthchek population.

- Inpatient hospital services (other than services in an institution for mental disease)
- Outpatient hospital services
- Rural health clinic services and federally qualified health center services
- Other laboratory and X-ray services
- Nursing facility services
- Early and periodic screening, diagnosis, and treatment services
- Family planning services and supplies
- Physicians’ services
- Medical and surgical services furnished by a dentist
- Dental Services
- Medical care or any other type of remedial care recognized under State law, furnished by licensed practitioners within the scope of their practice
- Home health care services
- Private duty nursing services
- Clinical services furnished by a physician or under the direction of a physician
- Physical therapy and related services (occupational therapy and services for individuals with speech, hearing and language disorders)
- Prescribed drugs, dentures, and prosthetic devices and eyeglasses
Treatment and Medicaid Coverable Services*

*Section 1905(a) of the Social Security Act [42 U.S.C. 1396d] lists the Medicaid coverable services. Each service may have limitations of coverage. By definition, some services are not applicable to the Healthcheck population.

- Other diagnostic, screening, preventive, and rehabilitative services, including any medical or remedial services (provided in a facility, a home, or another setting) recommended by a physician or other licensed practitioner of the healing arts within the scope of their practice under State law, for the maximum reduction of physical or mental disability and restoration of an individual to the best possible functional level.
- Inpatient hospital services and nursing facility services for individuals 65 years of age or over in an institution for mental diseases.
- Services in an intermediate care facility for the mentally retarded.
- Inpatient psychiatric hospital services for individuals under age 21.
- Services furnished by a nurse-midwife, certified pediatric nurse practitioner, or certified family nurse practitioner.
- Hospice care.
- Case management services.
- TB-related services.
- Respiratory care services.
- Community-supported living arrangement services.
- Personal care services.
- Services furnished under a PACE program.
- Primary and secondary treatment and services for individuals who have sickle cell disease.
- Any other medical care, and any other type of remedial care recognized under State law, as specified by the Secretary.
When a screening service indicates the need for further evaluation and diagnosis, a referral or treatment is required without delay.*

Evaluation, diagnosis, and/or treatment may be provided at the time of the Healthchek screening visit if the health care professional is qualified to provide the services.

* Ohio Administrative Code 5160-1-14 (previously 5160-14-03 and 5160-14-05)
Follow up care can be provided by:

√ Primary care providers (for example, family physicians or pediatricians)

√ Specialists (for example, neurologists, ophthalmologist, and audiologists)

√ Other health professionals (for example, dentist, advanced practice nurses, psychologists, and nutritionists)

√ Community agencies (for example, WIC or schools)
Using proper billing codes when submitting claims and encounters is important to assure that:

√ Your office receives the proper payment for services provided
√ The State and the Medicaid Care Coordination Plans receive the correct information regarding the services provided to Medicaid members
√ The State and the Medicaid Care Coordination Plans are able to report all provided EPSDT services to federal agencies

*Note – *Contact your Provider Relations Representative for billing questions
Social Support Services: Contact the local county Department of Medicaid Healthchek Coordinator

Child Development: Help Me Grow at 1-800-755-GROW (4769) or HMG@odh.ohio.gov

Referral Information
Community Resources

◆ **Parenting skills:** Ohio State University Extension – Parenting Classes. To locate classes in your area, call 1-614-688-5378

◆ **Nutrition and Food Supplement Program:**
  Women, Infants and Children (WIC Program) at 1-800-755-4769

◆ **Domestic Violence Hotline:**
  National Domestic Violence Hotline at 1-800-799-SAFE (7233)

◆ **Child Abuse and Neglect:**
  State of Ohio Child Protection at 1-866-635-3748
Important Links

- Ages and Stages Questionnaires (a fee may be associated) [https://www.healthychildren.org/English/Pages/default.aspx](https://www.healthychildren.org/English/Pages/default.aspx)
- For immunization and/or VFC program information, contact the State of Ohio Department of Health, at 1-800-282-0546, or [http://www.odh.ohio.gov/immunization](http://www.odh.ohio.gov/immunization)
- Immunization schedules are also available through the Centers for Disease Control, [https://www.cdc.gov/vaccines/schedules/index.html](https://www.cdc.gov/vaccines/schedules/index.html)
- AAP Bright Futures is a national health promotion initiative dedicated to the principle that every child deserves to be healthy, [https://www.brightfutures.org/](https://www.brightfutures.org/)