Overview:
Based on the patient centered Medical Home

- Encourages a strong patient/doctor relationship
- Reduces medical costs by helping your employees become healthier
- Rewards employees and physicians for their participation in the program

There is a tremendous opportunity available to you and your employees in the Medical Home program. If reducing medical expenses and improving the health and well-being of your staff are priorities for you, please contact your Account Executive today for more information on how the program can work for you!

Call Paramount at 419-887-2500
**What? What is the Paramount Medical Home (MH) Program:**

Paramount’s MH program is a comprehensive incentive program that promotes a positive and rewarding relationship between the physician and patient. This program offers incentives to both the physician and the patient to maintain their relationship and to develop a health and wellness program best suited for the patient. What’s best about PCMH is that it promotes accountability by the patient and the primary care provider (PCP). Paramount is a key component of the patient centered medical home, the PCP and its practice along with the patient and family members all work together to improve the health and well-being of the patient.

**Why? Why select a MH Program:**

MH is different from any other wellness incentive program offered by Paramount. Under MH, incentives are offered to the PCP, as well as the patient, to promote collaboration. In addition, Paramount will provide information to the PCP and the patient to help them work better together. Paramount’s role is to act as the data management center, which allows us to provide disease and case management, as well as other resources to promote seamless collaboration between the PCP and patient.

We take the work out of your hands and provide the foundation for improved health and reduced medical expenses.

PCPs are invited to participate in the program based on their ability to meet Paramount requirements, including but not limited to NCQA medical home recognition or meeting specific quality, performance and/or effectiveness industry standards.

In return for their participation, PCPs receive an enhanced fee schedule and additional incentives based on patient completion of program components. Visit our website www.paramounthealthcare.com and click on Find a Provider to see the most current listing of primary care physicians available in the MH program.

**Your Choices:**

As the employer, you make decisions to customize your perfect plan.

- Will the plan be available to employees and their spouses, or to employees only?
- How will you be funding the employee incentives. The most popular incentives are:
  - **Premium Contribution Reduction** - this is the recommended approach, as it will have a direct impact on the employees paycheck.
  - **Account contribution** - you may deposit additional money into your employees heath care account to reward compliance.
  - **Gift Cards**
- You also decide what activities your employees need to complete, such as a Health Risk Assessment, partnership agreement (PA) or preventive visit.
- How long will the employees have to complete the initial steps? Paramount recommends 90 days, but it can be changed at your discretion.
- The PCP incentive amounts can also be adjusted. PCP incentives are paid in two installments – the first when compliance with the initial requirement(s) are achieved; the second after completing the year with the member remaining compliant with the PA goals and programs.

**A Sample Program:**

New members to the Medical Home program receive a free wellness incentive for the first 90 days of their enrollment, giving them time to get started in the program. Within those first 90 days of enrollment each year, there are three main steps that need to be completed. These include:

1. Employees and their spouses must complete an HRA within 90 days of the groups’ effective date.
2. Employees and their spouses must visit with their PCP within 90 days of the groups’ effective date, complete the Partnership Agreement (PA), and have the PA submitted to Paramount.
3. Employees and spouses must remain in compliance with the PA (the goals, visits and/or programs the PCP and member agreed to complete for the year).

Throughout the program, Paramount will continue to monitor member compliance and reach out when needed with reminders, information and other notices as appropriate.