Extra Benefit for Paramount Members with Chronic Obstructive Pulmonary Disease (COPD) or Chronic Heart Failure (CHF)

Paramount has partnered with ProMedica Home Health Care to offer in-home education and monitoring, through the Phillips telehealth system, to help you learn how to take better care of yourself. And it is offered at no cost to you!*

The Phillips Monitor:

- is quick and easy to use
- is wireless and does not require a phone line
- sends questions to you everyday
- lets you answer by using simple buttons
- you can enter your answers or it may be automatic through a scale or blood pressure monitor
- sends your answers wirelessly to trained staff at ProMedica Home Health Care
- allows us to check on your health every day to make sure your symptoms are under control

All the information you send through the Phillips Monitor is completely safe and confidential. No one can see it unless you say so OR they work at Paramount or ProMedica Home Health Care.

Just say YES to the Phillips Monitor …… we want you to enjoy a healthier life!

*Normal home care copays may apply.