Be Prepared in Case of a Natural or Man-made Disaster:

Plan Ahead and Stay Calm

- Keep emergency numbers near each phone.
- Keep emergency supplies on hand such as a flashlight, portable radio, backup power supply (for wheelchair, oxygen concentrator, portable oxygen tanks, etc.), canned foods, sanitation supplies, bottled water, medicines, and medical supplies.
- If you have an oxygen system or other electrically powered medical equipment, register with utility company as “priority” electrical user.
- Ask your healthcare provider about personal emergency response systems.
- Establish a “buddy system” with your family and neighbors.
- Know your community disaster plan.
- Be prepared for changes in the weather.

Following is a list of agencies and contact information that are available to assist you and your family in the event of a natural or man-made disaster:

Ready.gov

1-800-BE-Ready and 1-888-SE-Listo

Ready is a national public service advertising (PSA) campaign designed to educate and empower Americans to prepare for and respond to emergencies including natural and man-made disasters. The goal of the campaign is to get the public involved and ultimately to increase the level of basic preparedness across the nation.

United Way

Dial: 2-1-1
www.unitedway.org/local/united-states/ohio

United Way supports 2-1-1, a free and confidential service that helps people across North America find the local resources, information, and support - whether financial, domestic, health or disaster-related they need 24 hours a day, 7 days a week.
Ohio Emergency Management Agency

(614) 889-7150
www.ema.ohio.gov

The Ohio Emergency Management Agency is an organization that plans for the path of disaster with localized plans for every region of Ohio.

It prepares for natural disasters and illness, but also spills of hazardous materials or disaster from weapons of mass destruction through, air, water or land. It facilitates communications from state, counties and other facilities. For the colder months, refer to its plan that ensures a safe winter, including cutting low-hanging branches and trees in case of an ice storm, clear gutters, invest in an auxiliary heating source, guard against carbon monoxide dangers, have a complete first aid kit available and many more. A plan is in place for every disaster. Contact the organization when affected to obtain the current plan for your neighborhood.

Center for Disease Control and Prevention

800-CDC-INFO • (800-232-4636)
TTY: 888-232-6348
www.emergency.cdc.gov

One of the main concerns after every disaster is the spread of disease. The Center for Disease Control and Prevention is a federal organization that monitors health concerns in the United States. Diseases occur for many reasons, but some include contaminated water, suffocating mold, spoiled food, insect infestations (i.e. bed bugs), as well as others. Its website includes information regarding current outbreaks, health and safety tips, warnings, tips on preparing an emergency supply kit, emergency plans and tips on staying connected.

American Red Cross

1-800-RED CROSS • (1-800-733-2767)
www.redcross.org

The Red Cross responds to disasters ranging from home fires that affect a single family to hurricanes that affect tens of thousands, to earthquakes that impact millions. In these events, the Red Cross provides shelter, food, health and mental health services to help families and entire communities get back on their feet. American Red Cross offers not only a wide range of survival classes, but also blood donation centers, military family services, and preparedness resources.